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# A WORLD OF *Health*

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A six-session discussion guide that explores “good health,” the connections between human health and the environment, and the sustainability of both. During this course, participants will:

- \* Explore the connection between human health and the environment
- \* Examine the roots of Western medicine and how it has evolved in an industrial society
- \* Learn about the places where our personal health intersects with the environment—our food, our living spaces, our communities and our planet
- \* Identify actions that promote good health and a healthier environment

Presented by:

arkansasearthinstitute

Inspiring people to take responsibility for Earth



<http://arkansasearth.org/>

When:

Where:

For more info: